

Youth Mental Health First Aid

**What is Youth Mental Health First Aid**

This 8 hour course is designed to teach participants methods of assisting youth who may

be in the early stages of developing a mental health issue or who are experiencing a mental health crisis.

Participants will be introduced to signs and symptoms as well as risk factors to assist in serving youth with mental health challenges.

**Target Audience:** Teachers, Counselors, Nurses, Administrators, Parents

**Cost**: $20

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| **09/19/2018 (Wed. 8:00AM ­ 4:00PM)** |
| [**Youth Mental Health First Aid**](http://www.ciclt.net/sn/resa/recl_application.aspx?CL_ID=306113&ClientCode=mresa) |
| **10/15/2018 (Mon. 8:00AM ­ 4:00PM)** |
| [**Youth Mental Health First Aid**](http://www.ciclt.net/sn/resa/recl_application.aspx?CL_ID=306117&ClientCode=mresa) |
| **10/29/2018 (Mon. 8:00AM ­ 4:00PM)** |
| [**Youth Mental Health First Aid**](http://www.ciclt.net/sn/resa/recl_application.aspx?CL_ID=306123&ClientCode=mresa) |
| **11/14/2018 (Wed. 8:00AM ­ 4:00PM)** |
| [**Youth Mental Health First Aid**](http://www.ciclt.net/sn/resa/recl_application.aspx?CL_ID=306121&ClientCode=mresa) |
| **12/10/2018 (Mon. 8:00AM ­ 4:00PM)** |
| [**Youth Mental Health First Aid**](http://www.ciclt.net/sn/resa/recl_application.aspx?CL_ID=306119&ClientCode=mresa) |

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| **01/16/2019 (Wed. 8:00AM ­ 4:00PM)** |
| [**Youth Mental Health First Aid**](http://www.ciclt.net/sn/resa/recl_application.aspx?CL_ID=306125&ClientCode=mresa) |
| **01/28/2019 (Mon. 8:00AM ­ 4:00PM)** |
| [**Youth Mental Health First Aid**](http://www.ciclt.net/sn/resa/recl_application.aspx?CL_ID=306127&ClientCode=mresa) |
| **02/13/2019 (Wed. 8:00AM ­ 4:00PM)** |
| [**Youth Mental Health First Aid**](http://www.ciclt.net/sn/resa/recl_application.aspx?CL_ID=306129&ClientCode=mresa) |
| **02/25/2019 (Mon. 8:00AM ­ 4:00PM)** |
| [**Youth Mental Health First Aid**](http://www.ciclt.net/sn/resa/recl_application.aspx?CL_ID=306131&ClientCode=mresa) |
| **03/13/2019 (Wed. 8:00AM ­ 4:00PM)** |
| [**Youth Mental Health First Aid**](http://www.ciclt.net/sn/resa/recl_application.aspx?CL_ID=306133&ClientCode=mresa) |